



Nutrition Consultant Educational Standards:

Persons who would like to apply for professional membership in the National Association of Nutrition Professionals (NANP) must demonstrate proficiency in the following post-secondary subjects:

- ✓ Anatomy & Physiology
- ✓ Fundamentals of Chemistry & Biochemistry
- ✓ Fundamentals of Nutrition (Macro & Micronutrients)
- ✓ Nutrition & Pathophysiology:
 - Nutritional Support of the Body (Digestive, Immune, Cardiovascular, Musculoskeletal, Nervous, Lymphatic, Integumentary)
 - Environmental Influences on Health & Disease
 - Symptomology of insufficiency, excess and impaired metabolism
- ✓ Life Cycle (Pediatrics, Men, Women, Geriatrics, & Sports Nutrition)
- ✓ Comparative Dietary Systems (diet analysis & planning, popular diets review, whole food model, cultural influences)
- ✓ Nutritional Supplementation: indications of need, contraindications and interactions with herbs, foods and medications
- ✓ Nutrition Assessment: health assessment and laboratory testing
- ✓ Nutritional Counseling
- ✓ Introductory Herbology
- ✓ Business Management (Legal Issues, Practice Development)
- ✓ Nutrition & Research Applications
- ✓ Optional/preferable courses: whole foods cooking and menu/meal planning

Graduates of NANP-approved nutrition programs meet these standards. A person wishing to establish professional membership with NANP, who has not graduated from a NANP approved nutrition program may request an independent review of his/her education and qualifications to determine eligibility for professional membership.

Requirements for the independent review include 1) a cover letter stating the desire to become a professional member; 2) a one hundred fifty (\$150) dollar review fee; 3) official transcripts from all relevant educational institutions; 4) course description materials (i.e. catalog, etc.); and 5) a telephone interview with the prospective member.

Persons who do not meet the above mentioned requirements, may be asked to complete one or more courses of study before being accepted for professional membership.

Schools offering holistic nutrition programs who would like to assure their students qualify for professional membership upon graduation may download a Nutrition Program Review Application from the NANP website by visiting <http://www.nanp.org/partner>.