## FEDERAL LEGISLATIVE ALERT

**Legislation**: H.Res.121 - Expressing support for health and wellness coaches and "National Health and Wellness Coach Recognition Week"

**Status**: Passed the U.S. Senate and is now being considered by the U.S. House of Representatives.

Hearing/Vote: None

**Points of Contact:** 

### Your Federal House Representative in Washington

You can find out who your Representative is by going to <a href="www.House.gov">www.House.gov</a> and entering your ZIP Code.

### **Analysis**

This Resolution expresses support by Congress for the designation of National Health and Wellness Coach Recognition Week and for the efforts of health and wellness coaches. It would designate each February as Health and Wellness Coach Recognition Week

#### Recommendations

We should support this Resolution to help support our Health and Wellness Coach colleagues, and to build on later to include other holistic practitioners.

# PRACTICIONER - SAMPLE LETTER TO SEND TO YOUR REPRESENTATIVE(S)

March 15, 2017
Dear:
As your constituent, I am writing to ask for your support for H.Res.121, which expresses support by Congress for the designation of National Health and Wellness Coach Recognition Week and for the efforts of health and wellness coaches.
As a holistic practitioner of nutrition, I work with clients to heal the "whole" body, and provide a comprehensive assessment and care to my clients based on their individual needs. Nutrition is not "one size fits all" and it's important that we recognize the choice that all Americans should have in choosing the provider that best suites their individual needs.
Like other holistic practitioners and Nutritional Therapists, Health and Wellness Coaches provide individualized care and play an important role in improving the lives of Americans everywhere. I urge you to support this resolution, and consider how holistic nutrition can play a greater role in our nations' healthcare.
Sincerely,
(Your signature here)

# SUPPORTER - SAMPLE LETTER TO SEND TO YOUR REPRESENTATIVE(S)

March 15, 2017
Dear:
As your constituent, I am writing to ask for your support for H.Res.121, which expresses support by Congress for the designation of National Health and Wellness Coach Recognition Week, and for the efforts of health and wellness coaches.
Health and Wellness Coaches seek to heal the "whole" body, and provide comprehensive care based on my individual needs. Nutrition is not "one size fits all" and it's important that we recognize a choice that all Americans should have in choosing the provider that best suites their individual needs.
Please co-sponsor H.Res.121 and support its passage.
Sincerely,
(Your signature here)